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BARBARA RIEDEL

# *Digital Nomad*

RESOURCES & LINKS

# WHY THIS LIST?

Thank you for downloading my free resource list and for purchasing *The Art of Being a Digital Nomad*! This curated collection is designed to be a companion to your journey, offering insights, tools, and connections to help you navigate the digital nomad lifestyle.

Within this guide, you'll find lots of resources to empower you with knowledge and inspiration as you explore new destinations and opportunities. Whether you're starting your journey, growing your remote business, or simply looking to enrich your experiences, these resources are intended to support you every step of the way.

Here's to your next great adventure!

*Barbara Riedel*  
*Barbaraficious*

Welcome

*01*

Business Setup

*02*

Traveling

*03*

Productivity

*04*

Community

*05*

Health

# Chapter *Business Setup* ONE



# BUSINESS SETUP

## 01 COMPANY FORMATION AND E-RESIDENCY

- Estonian E-residency: [e-Residency Official Portal](#)
- Starting a US LLC: [LLC Formation Guide](#)

## 02 FREELANCE PLATFORMS

- Upwork: [Upwork](#)
- Fiverr: [Fiverr](#)
- Toptal: [Toptal](#)

## 03 ACCOUNTING AND LEGAL SERVICES

- QuickBooks Accounting Software: [QuickBooks](#)
- Xero Accounting Software: [Xero](#)
- Legal advice for freelancers and small businesses: [Rocket Lawyer](#)

## 04 PAYMENT PROCESSING AND BANKING

- PayPal: [PayPal](#)
- Wise (TransferWise): [Wise](#)
- Payoneer: [Payoneer](#)

# Chapter *Traveling* TWO



# TRAVELING

## 01 VISA AND IMMIGRATION INFORMATION

- iVisa: [iVisa](#)
- VisaHQ: [VisaHQ](#)

## 02 FLIGHTS AND TRANSPORTATION

- Skyscanner: [Skyscanner](#)
- Google Flights: [Google Flights](#)

## 03 ACCOMMODATION

- Airbnb: [Airbnb](#)
- Booking.com: [Booking.com](#)
- Nomad-friendly rentals: [NomadX](#)

## 04 INSURANCE

- World Nomads: [World Nomads](#)
- SafetyWing: [SafetyWing](#)

# Chapter *Productivity* THREE



# PRODUCTIVITY

01

## PROJECT MANAGEMENT

- Asana: [Asana](#)
- Trello: [Trello](#)
- Monday.com: [Monday.com](#)

02

## TIME MANAGEMENT

- Toggl: [Toggl](#)
- Harvest: [Harvest](#)
- Focus Booster: [Focus Booster](#)

03

## FILE STORAGE AND SHARING

- Google Workspace: [Google Workspace](#)
- Dropbox: [Dropbox](#)
- Microsoft OneDrive: [OneDrive](#)

04

## COMMUNICATION AND COLLABORATION

- Zoom: [Zoom](#)
- Slack: [Slack](#)
- Google Meet: [Google Meet](#)

# Chapter *Community* FOUR



# COMMUNITY

## 01 DIGITAL NOMAD COMMUNITIES

- Nomad List: [Nomad List](#)
- Remote Year: [Remote Year](#)
- Facebook Digital Nomad Groups: [Digital Nomad Facebook Groups](#)

## 02 COWORKING SPACES

- Coworker: [Coworker](#)
- WeWork: [WeWork](#)

## 03 EVENTS AND CONFERENCES

- Nomad Cruise: [Nomad Cruise](#)
- Nomad City: [Nomad City](#)
- Running Remote: [Running Remote](#)
- Remote Leadership Summit: [Remote Leadership](#)

# Chapter *Health* FIVE



# HEALTH

## 01 TELEMEDICINE

- Doctor On Demand: [Doctor On Demand](#)
- Amwell: [Amwell](#)

## 02 FITNESS APPS

- Seven: [Seven](#)
- Asana Rebel: [Asana Rebel](#)
- Gymondo: [Gymondo](#)
- FitOn: [FitOn](#)

## 03 MEDITATION AND MINDFULNESS

- Headspace: [Headspace](#)
- Calm: [Calm](#)

# BONUS *Education* Chapter

# EDUCATION

## 01 ONLINE COURSES

- Coursera: [Coursera](#)
- Udemy: [Udemy](#)
- LinkedIn Learning: [LinkedIn Learning](#)

## 02 LANGUAGE LEARNING

- Duolingo: [Duolingo](#)
- Rosetta Stone: [Rosetta Stone](#)
- Mondly: [Mondly](#)

## 03 PODCASTS TO LISTEN TO

- [Tropical MBA](#)
- [The Nomad Capitalist](#)
- [That Remote Life](#)
- [The Location Indie](#)
- [Become Nomad](#)
- [Digital Nomad Stories](#)
- [Zero to Travel](#)

## 04 BLOGS TO FOLLOW

- [Lifestyle Hunter](#)
- [Hobo with a Laptop](#)
- [Wanderonwards](#)
- [Freaking Nomads](#)

## 05 MUST-READ AUTHORS

- John Strelecky
- Tim Ferris
- Chris Guillebeau
- Gary Vaynerchuk
- Napoleon Hill
- Mike Michalowicz
- Russell Brunson
- Dean Graziosi
- Tony Robbins
- Simon Sinek
- Robin Sharma
- Michael Hyatt
- Alex Hormozi
- Denise Duffield-Thomas